



OCTOBER 2022 FAMILY CONSTELLATION RETREAT TIMETABLE

SATURDAY

10:00 – 11:00 AM ARRIVE AT VENUE

11:00 AM – 1:00 PM MORNING WORKSHOP SESSION

1:00 – 2:30 PM LUNCH

2:30 – 5:30 PM AFTERNOON WORKSHOP SESSION

6:30 PM DINNER

SUNDAY

7:30 – 8:30 AM YOGA

9:00 – 10:00 AM BREAKFAST

10:00 – 10:30 AM ROOM CHECK-OUT

10:30 AM – 1:00 PM MORNING WORKSHOP SESSION

1:00 – 2:00 PM LUNCH

2:00 – 4:00 PM AFTERNOON WORKSHOP SESSION & CLOSE